

November 2020



Interprofessional Education Experiences

As we all adapt our programs amid the pandemic, Northwest Missouri AHEC is continuing to provide additional experiences for medical students on rotations while meeting requirements for social distancing.

On Tuesday, October 13, approximately 15 medical, chaplain, nursing, social work, pharmacy students and pharmacy residents met to discuss a case study. The students had the option to meet in person and be assigned to small groups, masked and socially distanced 6 feet apart or to participate by Zoom. Sarah Wiederholt, MD, University of Missouri School of Medicine medical director for NWMO AHEC and family medicine physician, facilitated a case that utilized many disciplines, so students could learn from and collaborate with each other while keeping the interests of the patient and the family at the center of interprofessional health-care delivery.

Dr. Wiederholt commented, "In medicine, taking care of patients is a team effort. When students have learning opportunities such as this one, they are truly able to work together as a team, just as they will after they graduate and are working in the real world as postgrads. All of the students have learned the science of their fields in

the classroom. However, learning to work together to give each patient the very best care is an art. Learning to work together, learning to think outside the box, outside your field, and knowing how to utilize each other with a common goal in mind is truly something that each and every one of these students is learning by doing rotations here at Mosaic. I am very proud of all of the schools, our institution, and the AHEC organization for putting together such learning opportunities, even in these trying times."

During the last two weeks in October, the medical students participated in a SBAR (Situation Background Assessment and Recommendation) exercise with nursing students from Missouri Western State University using simulations. The nursing students communicated with the medical students by phone regarding a scenario in order to gain experience taking orders. The medical students also met virtually with the "patient's caregiver" to discuss the plan for the patient.

This year, we are especially grateful for our partnerships with regional programs and for the dedication of our preceptors in educating the students.

AHEC Staff

Becky Kendrick
Executive Director

Savana Luft
Health Professions Coordinator

Janice Neumann
Clinical Training Coordinator

Shelbie Wigington
Health Professions Coordinator

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Joy Kieser

Lilli Parsons, RN

Jane Schwabe, MD

Annette Weeks

AHEC Medical Directors

Brad Grier, DO

Sarah Wiederholt, MD

AHEC Staff

Email: nwmoahec@mymlc.com

Phone: 816.271.6769

Website: nwmoahec.org

Mosaic Life Care at St. Joseph
Plaza 3, Suite 120 B
5325 Faraon St.
St. Joseph, MO 64506

Find us on Facebook!



Primary Care Pipeline Workshop

This month we were able to have our workshop at the Mosaic Life Care Foundation for the first time. We are so appreciative of the Mosaic Life Care staff for allowing us to use this space while making us and our students feel welcomed. This space allows us to have in-person workshops without bringing students into the hospital and ensuring that CDC guidelines for groups are being followed.

October is primary care month. For this month's workshop students learned about different career paths in primary care, including primary care physician, nurse practitioner and physician assistant. To help students learn the responsibilities and differences of the roles, Juan Dominguez, MD, primary care physician at Mosaic Life Care; Amber Smith, Nurse Practitioner student at The University of Missouri-Kansas City and registered nurse at Mosaic and Austin Shandley, physician assistant at Ameliore Medispa & Laser facilitated a discussion with the students. This Q&A session allowed students to think about what a career in primary care would be like and to be proactive in thinking and asking questions.

During the second half of the workshop, Austin and Amber helped students learn how to take vital signs. Students then performed the procedures for taking blood pressure, respiration and pulse. Our health professionals also explained why taking vital signs in the primary care setting is important for understanding potential issues for a patient.

As always AHEC is so appreciative of our volunteers. Our next Pipeline workshop is scheduled for Monday, November 23, and will feature virtual visits to several health profession schools across the state. For more information or to register please go to nwmoahec.org.

Austin Shandley (left), PA, assisting ACES student, Jack (right), with taking blood pressure.



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New Branding Videos

Missouri AHEC recently partnered with On The Top Search to create several branding videos that showcase the wonderful work AHEC is doing among students. The videos highlight AHEC's purpose, and impact on the health-care workforce. If you know a student who would benefit from AHEC's services, please notify us by emailing nwmoahec@mymlc.com.

Click each video title below to watch the videos.

[AHEC Branding Video](#)
[About AHEC](#)
[Current and Emerging Health Issues Efforts](#)

MEDICAL STUDENT SPOTLIGHT



Isaac Mattis

Hometown: Gallatin, Mo.

Undergraduate School: William Jewell College

Major: Chemistry/Pre Med

Medical School: AT Still University – Kirksville College of Osteopathic Medicine

Hobbies: Being outdoors and playing games with his family

Isaac Mattis is completing his third and fourth year rotations with us and is participating in the AHEC Scholars program.

